

## Step 1.

### I WannaWanna:

- Greet my day with a smile on my face, with yesterday done, my present and future having just begun.

What a way to begin my day. I wouldn't want to have **"It"** any other way. Smiles and happiness are good. That's the way I want to begin my day. We have got to begin somewhere. I choose today, right NOW, with a smile on my face. How about you?

I am realistic enough to know that I will never achieve a plan, a system that creates and controls the "perfect life". I can, however, always strive to do whatever I can to succeed. It is the least I can do.

I know that I cannot complete everything today. I can only complete everything that I intended to and planned for, everything that I can possibly do by myself and with the help of others. I need to schedule the rest for later. So I will list my intentions and prioritize them. By doing this, I can create successful opportunities to accomplish the achievable today and then, as necessary, the achievable tomorrow, the next day and into the future.

I cannot have a present or a future if I have them tied to an incomplete past. I need to have free choice, free energy and free time available to me right now so I can live the life I want today.

I need to look back at my past with a sense of resolution and completion, not just about tasks that needed completion **"bUt"** also at and about my attitude that needed resolve.

I need to take care of all that I needed to do, to complete my tasks of life. If I have not finished a task, I need to identify what **"It"** is, what to do about **"It"**, how, when and, as necessary, with whom to complete **"It"**. Only upon completion of my past responsibilities can I have a free and opportune today and tomorrow.

The same is true about attitude. If my attitude, my feeling system is still tied to yesterday's incompletes, to any unresolved emotional past, I am not free to participate with free and full energy today.

# ATTITUDE

*“The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company...a church...a home. The remarkable thing is that we have a choice everyday regarding the attitude we embrace for that day. We cannot change our past...we cannot change the inevitable. The only thing we can do is play on the string we have, and that is our attitude...I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you...we are in charge of our Attitudes.”*

Charles Swindoll

So, how much do

YOU

“Really” WannaWanna?

As You will see,

*“WannaWanna isn’t about was,*

*“It”*

*Is About Is*

*And*

*Will Be!”*

Dr. I WannaWanna®

So What is Your Is and Will Be?